September 2013 eBulletin

Dear Cancer Voices SA members,

We hope you find some items of interest in this eBulletin.

Events:

Tuesday 10th Sept 5.30-7.30pm Royal Coach Motor Inn, Kent Town
Letting Go Part II
Futility and the ethical dilemmas of letting go
Palliative Care Council South Australia
Dr Michael Farquharson, Dr Josephine Thomas and Margaret Brown will discuss Futile Care. What is it? How do we understand if we are keeping the patient alive of prolonging the dying process? Difficult Conversations – what are the difficulties, and how do you have these conversations? And NFR Orders, what are the problems and Advance Directives. To register: http://www.eventbrite.com.au/event/6541057479

Wednesday 11 September 2013, 5.30pm to 6.30pm, Freemasons Hall, 254 North Terrace, Adelaide
‘Controlling cancer through immunotherapy: lessons from papillomavirus associated cancers’
Professor Ian Frazer
Annual Florey Lecture hosted by The Florey Medical Research Foundation
More information: http://blogs.adelaide.edu.au/health/2013/08/30/2004/ RSVP to florey@adelaide.edu.au or call 08 8313 3995 by 6th Sept 2013

Tuesday 24rd September 6.00-7.30pm Flinders Centre for Innovation in Cancer
The Cost of Cancer Medicines
Who Pays? Who Should Pay?
Emeritus Professor Lloyd Sansom,, Former Chair, Pharmaceutical Benefits Advisory Committee, UniSA, Dr Michael Sorich, Associate Professor of Pharmacology, Flinders University. More information: http://www.fcic.org.au/Events/2013/p175.aspx

Friday 18th October, 10.00am-3.00pm, Hackney Hotel, Dequetteville Tce, Hackney
Lymphoma Seminar Day – free education and support sessions.
More information here. Bookings essential by 9th September 2013
Claire Swanson on 08 8100 9436 or cswanson@leukaemia.org.au
Sunday 20th October, 8.00am-12.30pm, Kensington Gardens
Cancer Voices challenge ride - 20, 35 or 67km in the Adelaide Hills.
Sign up at www.cvsacyclingteam.org.au to be notified when registration opens.

Sunday 10th November, 12.30-6pm, Adelaide Convention Centre.
Two Cancer Community Forums (Free events.... Reserve this date in your diary! )
"Cancer Care Coming of Age.
What matters more: my genes, my age, my cancer, my choices?" 

Hear from cancer experts and survivors; join in the discussions on topics including Cancer & the older person, Exercise & Cancer – by **Prof Lee Jones; Cancer & your genes.
Register by emailing EG@asnevents.net.au or calling Emily Gangell on (03) 5983 2400.
(*COSA - Clinical Oncology Society of Australia; Cancer Voices SA & Cancer Council SA)

Sunday 10th November, Adelaide Convention Centre
4.00-6.00pm, Engage Community Forum 2013
Being diagnosed with cancer inevitably leads to many questions. The GI Cancer Institute is proud to launch this Engage Forum, a free information and networking event to help Gastro Intestinal cancer patients, survivors, carers and family members on their journey through this tough time.
The event will offer:
- Advice and information from clinicians and survivors who understand the challenges of Gastro Intestinal cancer
- Information about the latest developments in cutting edge research
- Information about the benefits of clinical trials and how to access them
- Practical resources to help those living with GI Cancer
Register and find more information about the Forum at http://gicancer.org.au/blog/event/register-for-gi-info-event/

Cancer Voices SA in action during August 2013:

ABC Health & Wellbeing interview on Exercise during cancer treatment – 1 Aug
Cycling to chemo: exercise during cancer treatment - Health & Wellbeing
8 Aug 2013  Many people going through gruelling cancer treatments are encouraged to rest and recuperate as much as possible. But evidence suggests people with cancer benefit from more exercise, not less, even during treatment.
http://www.abc.net.au/health/thepulse/stories/2013/08/08/3820864.htm
Cancer Voices SA in action during August 2013… continued:

COSA Consumer Forum Planning – teleconference – 1 Aug  
SA Cancer Clinical Network – Future Planning Workshop – 2 Aug  
Faculty of Radiation Oncology Consumer Forum, Sydney – 13 Aug (photo below, left)  
CareSearch National Advisory Group meeting, Adelaide – 16 Aug (photo below, right)  

‘Patients as teachers’ – 9 speakers attended a review session, Adelaide Uni – 19 Aug  

SAHMRI-HCA Consumers in Research Project meeting – 23 Aug  
Meet Bowel Cancer Researchers at TQEH – 23 Aug  
CHF Chemotherapy Funding Review – consumer consultation, Adelaide – 23 Aug  
CHF Chemotherapy Funding Review – teleconference consultation – 28 Aug  
A patients perspective – presentation to ‘Blood Group’ Haematology professionals -31 Aug  

Jon Degner with partner Sophie after presenting A patients perspective on 31 Aug  

THANK YOU to all our volunteers.  
Please contact info@cancervoicessa.org.au if you too would like to be involved.
Cancer Voices SA is an independent, incorporated organisation of volunteers representing South Australians affected by cancer.

PO Box 588, Kensington Park SA 5068 ph: 0403 925 599 emailinfo@cancervoicessa.org.au web www.cancervoicessa.org.au

Check out additional Cancer Voices news in the Cancer Voices NSW September 2013 Newsletter

Help yourself, Help others

Have You Had Cancer And Want To Improve Your Physical Activity And Diet?
Lauren Frensham at UniSA is seeking cancer survivors who are not very physically active, not currently undergoing cancer treatment, live in Adelaide, Victor Harbor, Murray Bridge, the Riverland, Port Pirie or the Mid North .... and are willing to participate in a 12week program promoting healthy lifestyles which includes using an online resource.
Download the information flyer about this research study here.
Contact Lauren at lauren.frensham@mymail.unisa.edu.au or ph 08 8302 2680 Read more...

Survey - Assessing The Needs Of Women With Gynaecological Cancers
Health professionals aim to treat cancer but also to support the patient. To do that, they need to know what support women need. Read more...

Prostate Cancer In Gay And Bisexual Men & Partners - Study
Sexual Wellbeing and Quality of Life after Prostate Cancer for Gay and Bisexual Men and their Partners. Download a flyer with information about this study here ... or visit the website www.uws.edu.au/PCAS.nl. Read more...

Concerns Of Gay Men Living With Prostate Cancer
Researchers are seeking volunteers to participate in a study investigating the experiences and needs of gay men diagnosed with prostate cancer.
If you are able to participate in an interview (by phone or in person), please review the Study Information Form, and contact Mr Brett Scholz to arrange a time for interview. Ph: 02 6206 3802, or email: brett.scholz@canberra.edu.au. Read more...

Campaign:
Stand up for cheaper medicines
Patients and their families are paying some of the highest costs in the world for their medications, both as taxpayers and in out of pocket costs. ‘Stand up for cheaper medicines’ is an initiative being led by the Consumers Health Forum of Australia. Tell your local politician that you support cheaper medicines https://ourhealth.good.do/stand-up-for-cheaper-medicines/tell-your-local-mp-that-you-support-lower-prices-of-medicines/

Find more about Cancer Voices South Australia at www.cancervoicessa.org.au

Visit the Cancer Voices SA website at www.cancervoicessa.org.au, follow us on FaceBook (you don’t need a FaceBook account to view our posts), follow us on Twitter or email us - info@cancervoicessa.org.au

Follow our CVSA activities via Facebook Twitter YouTube Flickr (photos)

Best wishes

Ashleigh Moore OAM (Executive) and the Cancer Voices SA Executive Team